



Fertile Life, Inc.

## *Guest House*

This being human is a guest house  
Every morning a new arrival.  
A joy, a depression, a meanness,  
Some momentary awareness comes  
As an unexpected visitor.  
Welcome and entertain them all!  
Even if they are a crowd of sorrows,  
Who violently sweep your house  
Empty of its furniture,  
Still treat each guest honorably.  
He may be clearing you out for some new delight.  
The dark thought, the shame, the malice,  
Meet them at the door laughing,  
And invite them in.  
Be grateful for whoever comes,  
Because each has been sent  
As a guide from beyond.  
-Rumi